



SUNY COLLEGE OF OPTOMETRY
UNIVERSITY EYE CENTER®

Celebrating 65 Years of Care and Community

2022



Don't let another year go by without checking your eyes! A comprehensive annual eye exam is important for lifelong vision health and keeping watch for sight stealers like glaucoma. "In most cases, patients with glaucoma do not have symptoms until very late in the disease. It's why routine eye exams play a significant role in saving your sight." — Dr. Jennifer Gould, Chief of Advanced Care

Scan the QR Code to learn more about glaucoma and vision care services at the University Eye Center (UEC).



JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1 New Year's Day UEC Closed
2	3	4 World Braille Day	5	6	7	8
9	10	11	12	13	14	15
16	17 Martin Luther King, Jr. Day UEC Closed	18	19	20	21	22
23	24	25 FREE Vision Screening 4:00pm - 6:00pm	26	27	28	29
30						



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Did you know that people with low vision have reduced sight despite eyeglasses, contacts, or surgery? “If you have difficulty doing everyday tasks like reading, viewing television, seeing street signs or reading the print on a medicine bottle, you should have an eye exam and ask if you have low vision.” — Dr. Rebecca Marinoff, Vision Rehabilitation Specialist

Scan the QR code to learn more about low vision services at the University Eye Center (UEC).



FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8 FREE Vision Screening 1:30pm - 3:30pm	9	10	11	12
13	14	15	16	17	18	19
20	21 Presidents' Day UEC Closed	22	23	24	25	26
27	28 Rare Disease Day					



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If you notice changes in your sight following head injury, it's important to seek help from an eye care professional. "I began to bump into people and things...and had difficulty reading due to double vision," says patient Dr. Mary Marshall who suffered a traumatic brain injury from a car accident. Her neurologist referred her to the University Eye Center. "Once my vision was addressed, all of my other issues—like balance—fell into place."

To learn more about Mary's story at the UEC, scan the QR code.





MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	1	2	3	4	5
6	7	8	9	10	11	12
13 Daylight Saving Time Begins	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30 National Doctors' Day			



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Did you know? Your child should see an optometrist within the first year of life to rule out any eye health and vision problems that can delay learning and development. “Every child deserves to see well, and my mission is to do my best to give each child I examine that opportunity.”

— Dr. Matthew Vaughn, Pediatric Eye Care

Scan the QR code to learn about Infant Vision Services at the UEC and how you can monitor your child's sight.



APRIL 2022

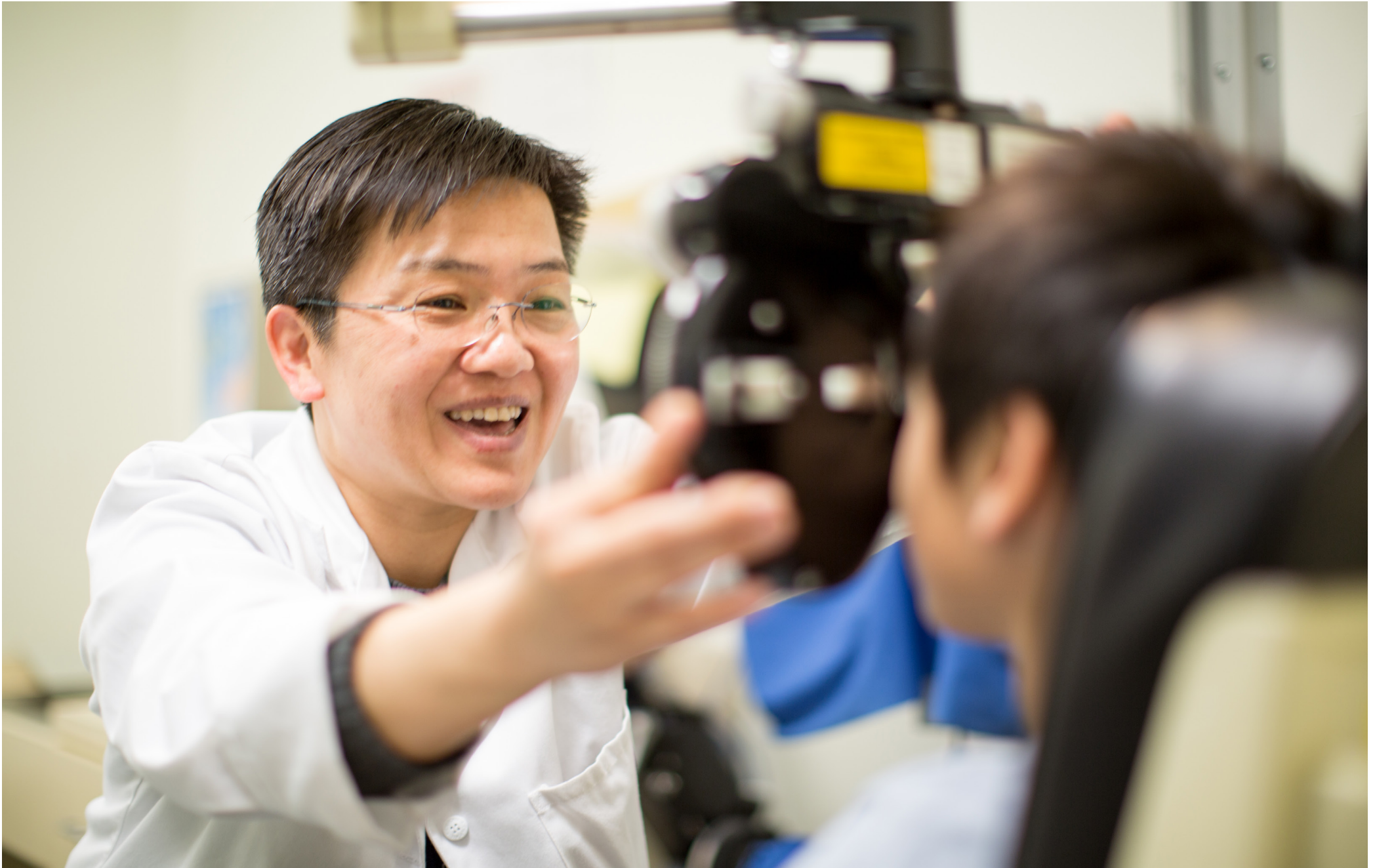
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5 FREE Vision Screening 4:00pm - 6:00pm	6	7	8	9
10	11	12	13	14 HAPPY ANNIVERSARY SUNY Optometry	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



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By 2050, nearly half of the world’s population will be myopic or nearsighted.* What’s the cause? “While prolonged near work (including use of electronic devices) has been shown to be associated with the prevalence of myopia, there are certainly other factors involved such as genetics or family history of myopia and lack of time outdoors.” — Dr. Xiaoying Zhu, Myopia Management Team

Scan the QR Code to find out more about the Myopia Management at the UEC.

*Ophthalmology 2016;123:1036-1042



MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8 Mother's Day	9	10 FREE Vision Screening 1:30pm - 3:30pm	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Memorial Day UEC Closed	31				



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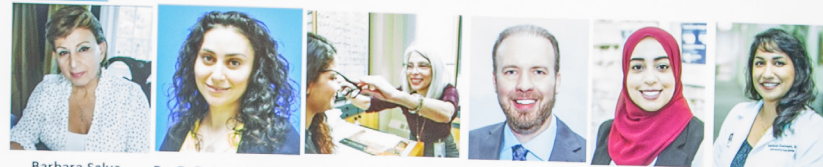
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Diversity Series: Cases in Culturally Responsible Care

The dynamic panel will discuss best practices for respecting religious observation, considerations when speaking to the Spanish-speaking Hispanic/Latinx community and considerations for working with the transgender community. Register today!

Panelists



Barbara Salve
Transgender
Advocate

Dr. D. Rutner, Chief of
Vision Rehabilitation,
SUNY UEC

Nancy T. Kirsch
Director Eyewear
Center, SUNY UEC

Dr. M. McGovern
Chief Medical
Officer, SUNY UEC

Dr. A. Ahamed
Attending OD
Northwell Health

Dr. M. Contreras
Director of DEI
SCCO

Student Moderators



Ziamir
Class of 2022

Jennifer Liu
Class of 2022

Rldiwan Carim-S
Class of 2022



From making an appointment to the eye exam, understanding the needs of our patients from all walks of life can lead to more productive visits and better health outcomes. "As healthcare providers, we must have insight into the beliefs and expectations of the diverse patient populations we serve."

— Dr. Michael McGovern, Chief Medical Officer

For more about culturally inclusive care at the UEC, scan the QR Code.



JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19 Father's Day Juneteenth	20 Juneteenth Observed UEC Closed	21	22	23	24	25
26	27	28	29	30		



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Visit us virtually! Telehealth services at the University Eye Center work for those who prefer the safety and convenience of online care. “Our telehealth platform encourages patients to take greater charge of their health care needs and treatment plan with our doctors serving as a guide.”

— Dr. Daniella Rutner, Chief of Vision Rehabilitation

Scan the QR Code for information about vision therapy and telehealth services at the UEC.



JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4 Independence Day UEC Closed	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19 FREE Vision Screening 4:00pm - 6:00pm	20	21	22	23
24	25	26	27	28	29	30
31						



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Almost time for back to school! Did you know that over 5 million kids in the U.S. struggle to learn because of a vision problem? “With more learning taking place in front of a computer or on a digital device, an increase in screen time can place additional stress on developing eyes. It is essential to have your child’s vision checked regularly.” — Dr. Deborah Amster, Chief of Pediatric Services

Scan the QR code to learn more about comprehensive eye exams for kids at the UEC.



AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30 FREE Vision Screening 4:00pm - 6:00pm	31			



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Over 50? You may be among approximately 11 million in the U.S. with age-related macular degeneration (AMD), a leading cause of blindness in people over age 65. “Often early AMD is missed since people may not have any symptoms at all. Early detection is essential to preserve vision.”

— Dr. Sherry Bass, Ocular Disease Service

Scan the QR code for more about AMD and services for low vision at the UEC.



SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5 Labor Day UEC Closed	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



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Seeking a scare with Halloween eyewear? Avoid decorative contact lenses sold at costume stores or anywhere that does not require a prescription. “Non-prescription decorative lenses can be ill-fitting and can lead to issues such as an eye infection, eye irritation, corneal abrasion, and possible vision loss. From cosmetic to therapeutic needs, always see an eye doctor for your contact lens care.”

— Dr. David Libassi, Specialty Contact Lens Care

Scan the QR code for more about contacts and eyewear for children and adults at the UEC.



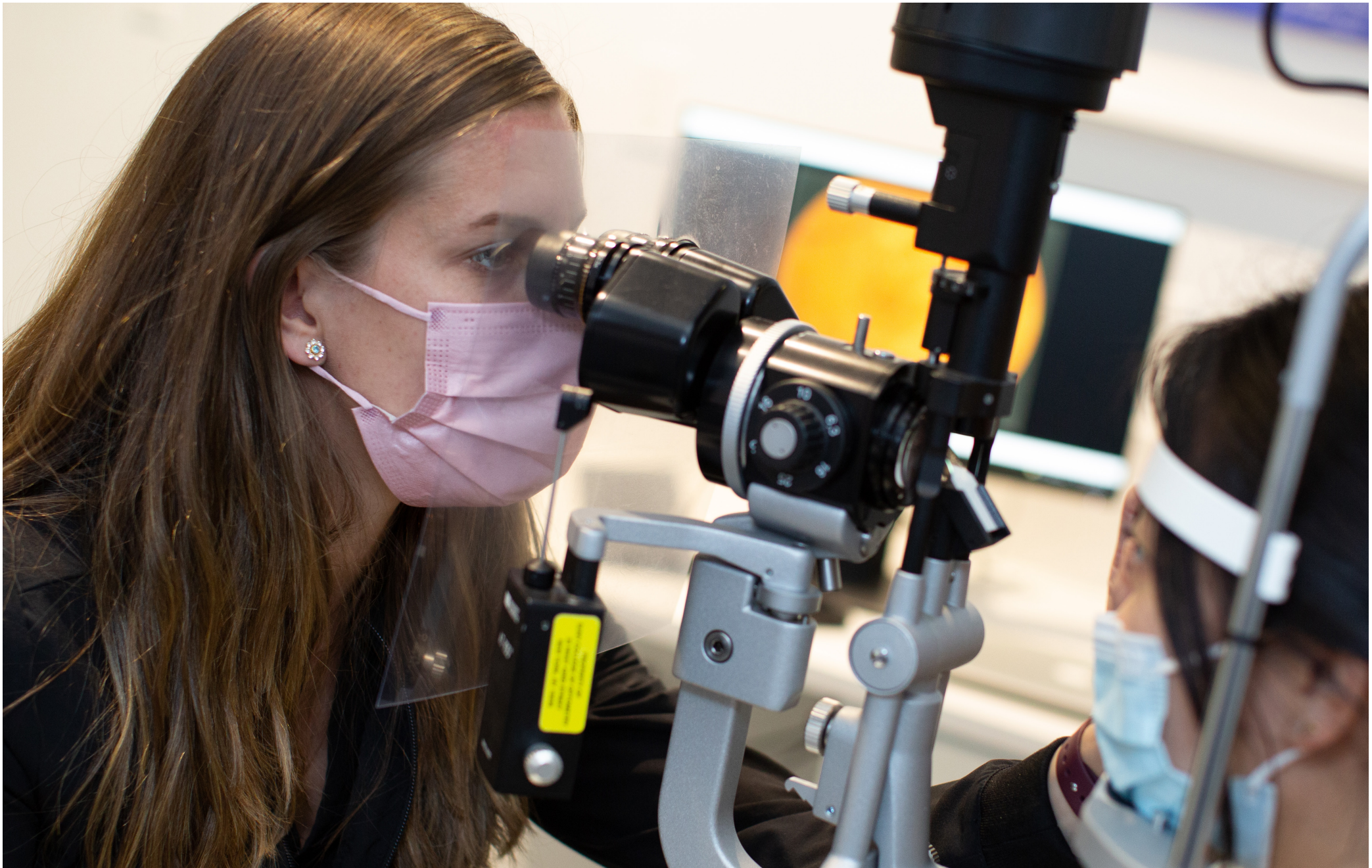
OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10 Columbus Day UEC Closed	11 FREE Vision Screening 4:00pm - 6:00pm	12	13 World Sight Day	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Halloween					



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Your eyes are the window to your health. “Optometrists can detect changes in the blood vessels found in the back of the eye that reveal conditions like diabetes and high blood pressure which are frequently the first sign of health problems.” — Dr. Shelby Leach, Primary Eye Care

Scan the QR code for more information about diabetic eye disease and services at the UEC.



NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6 Daylight Saving Time Ends	7	8 FREE Vision Screening 1:30pm - 3:30pm	9	10	11 Veterans Day	12
13	14	15	16	17	18	19
20	21	22	23	24 Thanksgiving Day UEC Closed	25 UEC Closed	26
27	28	29	30			



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Give the gift of better sight! “Your donation of any size can help our patients in need obtain critical access to eye care for a variety of conditions, fund sight-saving research, and help underserved students realize their vision of becoming an eye doctor.”

— Dr. Diane Calderon-Villaneuva, Chief of Primary Care

Scan the QR code to learn how you can support UEC services and scholarship.



DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4	5	6 FREE Vision Screening 4:00pm - 6:00pm	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 UEC Closed	23	24
25 Christmas Day	26 UEC Closed	27	28	29	30	31 New Year's Eve



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GENERAL HOURS AND CONTACT

MONDAY, WEDNESDAY, THURSDAY: 8:30 A.M. - 7:30 P.M.

TUESDAY: 1:00 P.M. - 7:30 P.M.

FRIDAY AND SATURDAY: 8:30 A.M. - 4:00 P.M.

COMMUNITY OUTREACH

DO YOU HOST A COMMUNITY EVENT OR HEALTH FAIR IN WHICH YOU
WOULD LIKE THE UNIVERSITY EYE CENTER TO PARTICIPATE?

DO YOU KNOW SOMEONE WHO NEEDS OUR SERVICES?

REFER A FRIEND OR FAMILY MEMBER.

OUTREACH@SUNYOPT.EDU

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SOCIAL WORK SERVICES

SOCIAL WORKERS CONNECT OUR PATIENTS TO COMMUNITY RESOURCES; OFFER SUPPORT SERVICES, INCLUDING REFERRALS FOR COUNSELING; AND FACILITATE SUPPORT GROUPS FOR THOSE WITH BRAIN INJURIES, THOSE WITH VISION LOSS AND THEIR CAREGIVERS/LOVED ONES.

CONTACT THE SOCIAL WORK DEPARTMENT AT (212) 938-4040.

CLINICAL VISION RESEARCH CENTER

THE CVRC SUPPORTS SPONSORED AND INVESTIGATOR-INITIATED CLINICAL RESEARCH AT THE COLLEGE TO DEVELOP THE BEST DIAGNOSIS AND TREATMENT OPTIONS FOR EYE AND VISION CARE.

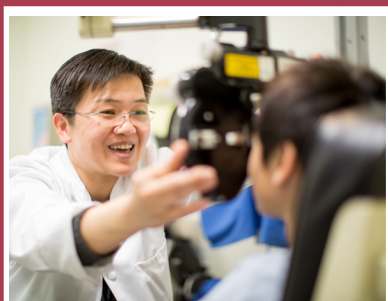
FOR INFORMATION ABOUT AREAS OF STUDY, VISIT THE CLINICAL VISION RESEARCH CENTER AT SUNYOPT.EDU/RESEARCH/CVRC.

TO PARTICIPATE IN A STUDY
CALL (212) 938-4052 OR E-MAIL US AT CLINICRESEARCH@SUNYOPT.EDU

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Editor's note: Select photos are pre-pandemic and do not reflect current health and safety protocols in place at the University Eye Center.