

Children with **Myopia** (nearsightedness)



Myopia Management

Myopia Management at the University Eye Center specializes in slowing down the increase in myopia (nearsightedness). Our doctors provide evidence-based, patient-specific treatment options, allowing for customization for each patient depending on clinical findings, the patient's lifestyle and hobbies, family preferences, and finances. Whether your child has been told there is a low or high level of myopia, an increase in their myopia, or there is a family history of high myopia, our clinic is here to answer all your questions, determine the best course of action, and provide the most appropriate care your child needs.

What to expect

VISIT 1. Consultation Visit

- Risk assessment and discuss clinical findings regarding eligibility
- Discuss various myopia control options, including how they work, efficacies, number of visits, and associated fees
- Answer all questions and provide reading materials

VISIT 2. Baseline Evaluation

- Thorough eye exam to assess all visual, binocular, and ocular health findings
- Additional measures used to monitor for myopia progression
- Confirm myopia management treatment option

VISIT 3. Treatment Initiation + Follow-Up Schedule

- Atropine eye drops: 1-month follow-up
- Multifocal Contact Lenses: 1-2 week follow-up
- Orthokeratology: 1 day, 1 week, 1 month follow-ups, plus additional, if needed
- Specialty glasses: 1-month follow-up

VISIT 4: Re-Evaluation

- Every 6 months, regardless of treatment option chosen

**Call or email to schedule your appointment
(888) 327-5533 or myopia@sunyopt.edu**

For all consultations, there is a \$65 fee that may not be covered by insurance.

UniversityEyeCenter.org

The information contained in this document is not intended to substitute a doctor-patient relationship or medical evaluation nor does it constitute medical advice of any kind. Treatment options will vary from patient to patient.